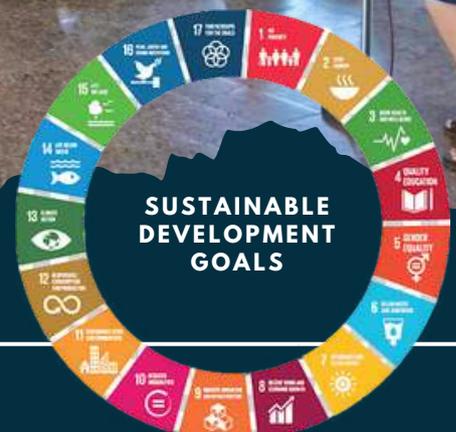


FEBRUARY 2026

EDUCATE, EMPOWER AND ENABLE

Catalyzing Change Through Multi-Sector Community Initiatives





GOA



GUJARAT



Taking Stories to Children Across Western and Southern India

Sonalika CSR believes in the transformative power of storytelling. With the conviction that stories can shape perspectives, inspire imagination, and nurture confidence, storytelling sessions were conducted for children in Goa, Hyderabad, and Ahmedabad.

These sessions created safe and engaging spaces for children aged 6–12 years to reflect, express themselves, and learn through stories. Carefully curated narratives introduced critical themes such as gender equality, body positivity, and self-belief, encouraging children to think deeply and embrace their individuality.

Through this initiative, a total of 1900+ children were reached, helping them build confidence, empathy, and a stronger sense of self.



TELANGANA



Sonalika CSR at Kukadakoo Fest, Hyderabad and Ahmedabad



Sonalika CSR participated in the Kukdukoo Festival, one of India's largest children's arts, literature, and activity festivals held in Hyderabad and Ahmedabad. It brought together theatre, storytelling, performances and a grand children's book fair, all designed to spark creativity, imagination and a love for learning among young audiences.

At the festival, children engaged in Sonalika CSR's interactive 'Emotion Run' game to explore and express their feelings, enjoyed colour-based creative activities, and took part in a thinking challenge where they crafted their own stories and shared them with Sonalika CSR. Our book stall also saw enthusiastic young readers exploring and selecting titles that resonated with their interests.

This initiative supported emotional awareness, creative expression and confidence in children, aligning with our commitment to holistic development through experiential learning.



Promoting Gender Equity from Early Years

Gender inequity remains a critical gap that begins as early as childhood. Gendered norms are often reinforced at a young age, shaping perceptions, behaviors, and opportunities. The distinction between sex and gender is not always clearly understood, with the two terms frequently used interchangeably.

To build greater awareness and encourage informed perspectives, gender sensitization sessions were conducted across various schools and NGOs including KV Narela, AV Balika NGO, and Vipla Foundation. These sessions aimed to help children understand concepts of equality, respect, and inclusivity from an early age, to nurture more equitable mindsets for the future.



Strengthening the Backbone of India

Agriculture remains the foundation of India's economy, with nearly 60% of the population dependent on it for livelihood. With a focus on sustainable and climate-resilient farming, we are empowering farmers across Madhya Pradesh and Uttar Pradesh.

In partnership with B-ABLE Foundation and Umang Sunehra Kal Sewa Samiti, we are implementing projects that promote scientific and climate-smart agricultural practices to enhance productivity and income stability.

During the recent Rabi season, 10,600 kg of high-yield variety seeds were distributed in consultation with Krishi Vigyan Kendra (KVK), ensuring suitability to local soil and climatic conditions. 575 farmers directly benefited, while nearly 11,000 farmers are being reached through training, demonstration practices, and community engagement.

Through structured capacity-building sessions on seed protection, improved sowing, and sustainable farming methods, we aim to achieve a 5-7% increase in yield and income, strengthening long-term resilience and rural prosperity.



I ♥ HSP

Promotion of Sports – Sonalika Football Tournament

From 21st to 26th January 2026, Sonalika CSR organised the Sonalika Football Tournament at Village Chauni Kalan. The event brought together talented young players from local 30 villages, encouraging teamwork, discipline, and healthy competition. It provided a healthy and positive space for young players to channel their energy, learn sportsmanship, and stay connected to constructive activities.



Running for Unity, Health, and a Drug-Free Future

Sonalika CSR supported the Punjab Sakhi Shakti Mela 2026 held at Mohali Carnival, SARAS Mela Ground, Sector 88, SAS Nagar, Mohali from 30th January to 8th February 2026. This vibrant carnival celebrates women empowerment, entrepreneurship, and culture. It provided a strong platform for women Self-Help Groups (SHGs) and MSMEs to showcase and sell their handmade products, crafts, and local foods.



Punjab Rural Development & Panchayat and Tourism & Cultural Affairs Minister, Tarunpreet Singh Sond at Mohali carnival. Photo source - The Indian Express news article on 5th feb 2026.

Support for Nature Fest – Hoshiarpur (Feb 2026)

sonalika CSR supported the Nature Fest-2026 at Lajwanti Stadium, Hoshiarpur, held from 13th to 17th February 2026. Organised by the district administration, the fest showcased Hoshiarpur's natural heritage, culture, and environmental awareness. The event featured interactive exhibitions, cultural shows, market stalls, and activities promoting eco-tourism and local Art & Craft drawing participation from students, tourists, and families alike. It aimed to build a deeper connection between people and nature while celebrating local traditions.



I ♥ HSP

Cleanliness Drive under Project Clean & Green

As part of Project Clean & Green, a cleanliness drive was conducted at an Old Age Home and a Children’s Observation Home (Bal Sudhar Greh) in Hoshiarpur. The activity aimed to create awareness about clean surroundings, hygiene, and environmental responsibility to the residents and children. There was an active participation in cleaning the premises by the volunteers from the Old age home and Bal Sudhar Greh highlighting the importance of maintaining a clean and healthy environment for everyone.



Divine Soul Yoga – January 2026 Highlights

Delhi Residential Retreat

A residential yoga retreat was organised in Hoshiarpur for participants from Delhi, offering a peaceful environment for deep yoga, meditation, and self-reflection. The retreat helped participants disconnect from daily stress and reconnect with inner balance and well-being.



Hoshiarpur Residential Retreat

The Hoshiarpur residential retreat provided participants with a structured routine of yoga, meditation, and mindful practices. It supported physical healing, mental clarity, and emotional calm in a serene natural setting.

Chandigarh Residential Retreat

Participants from Chandigarh attended a residential retreat in Hoshiarpur, focusing on holistic health and disciplined yogic living. The retreat encouraged self-awareness, inner peace, and long-term wellness habits.



I ❤️ HSP

Celebrating Mahashivratri, Lohri & Makar Sankranti Through Collective Practice

Mega Follow-up sessions were organised at the Chandigarh Centre (Mahashivratri theme) and in Delhi on 25 January 2026 (Lohri & Makar Sankranti theme). The gatherings combined guided meditation, yogic practices, and spiritual reflection, strengthening participants' practice while fostering community bonding, balance, gratitude, and mindful living.



Republic Day Celebrated with Unity and Devotion

Sanjeevni Sharnam celebrated the 77th Republic Day as "Vande Mataram," paying heartfelt tribute to the nation. Through patriotic songs and poetry in the beautifully decorated Lotus Hall, adorned in vibrant tricolours, Sharnamites expressed unity, pride, and deep love for the motherland.

Rudra Ras: A Divine Evening of Devotion

Sanjeevni Sharnam organized a soulful and devotional celebration, Rudra Ras – Hanuman Jamming Circle. The atmosphere was filled with divine vibrations as the Sanjeevni Sharnam team, Sharnamites, Mam Mrs. Sangeeta Mittal Ji and esteemed guests came together to chant the Hanuman Chalisa and sacred bhajans in deep devotion.



Chandigarh Residential Retreat

Sanjeevni Sharnam celebrated the auspicious festival of Vasant Panchami with great enthusiasm. The celebrations began outdoors, where Sharnamites enjoyed kite flying, filling the sky with colors and the air with joy.