

# Creating the Pathway to Progress!



October 2023 Edition

### A Day of Discovery at the Zoo and Bal Bhavan









# Sonalika Gurukul Taimoor Nagar

We arranged an educational outing for the children - a day-long trip to the Zoo and Bal Bhavan. 45 plus students embarked on diverse experiences, nurturing a passion for learning and a deeper appreciation for nature.







## Navratri Celebrations at Sonalika Skill and Learning Centre

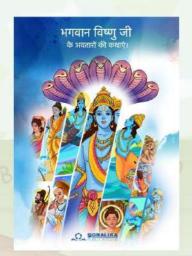
We embraced the spirit of Navratri at our centre, exploring its diverse celebrations across India. From the Kanjak setup in the North to Dandiya in the West, and the storytelling of Ayudh Puja in the South, our students experienced the rich culture of the vibrant festival.





### Dussehra Celebrations at Sonalika Gurukul

Sonalika Gurukul Centre, Arjun Camp, celebrated Dussehra at the centre by retelling the epic mythological story, to inspire the students with its powerful message.



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Journey through the incredible stories of Lord Vishnu's avatars, each carrying a unique message and purpose.

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### Sonalika Gurukul Expands to Alwar and Ajmer!

To expand our reach and impact more children we have established Sonalika Gurukul Centre at Alwar and Ajmer districts of Rajasthan. Offering quality education with a touch of fun.

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I'm Kanak Sharma, a 6-year-old student at Sonalika Gurukul. My mother registered me here, and I absolutely adore being a part of this school. I enjoy reading and learning here. I didn't know much about Gandhi ji or Gandhi Jayanti before. Thanks to Sonalika Gurukul, I've now learned about them.



— Kanak Sharma Delhi





A vibrant Navratri celebration came to life with 'Dandiya Night' at Sanjeevni Sharnam. Singer Ms. Kaviya and her talented musicians filled the night with the melody tunes of Garba, creating unforgettable moments for all.

During our Garba Night, Dr. Sarita Gulati unveiled 'Karma Sutra,' an inspiring book by Mrs. Sangeeta Mittal ji. Filled with life-related quotes, it offers practical wisdom for various aspects of life.





During Navratri, we honored the nine divine forms of Maa Durga at Sanjeevni Sharnam, with devotional Bhajan, Kirtan, and Sacred Hayan ceremonies.

Mrs. Sangeeta Mittal Ji led a serene guided meditation session for the people of Hoshiarpur, bringing peace and wellness to their souls.







At Amritam Divine Valley, Jahan Khelan, Hoshiarpur, participants embarked on a transformative 3-day journey. They explored various breathing meditation techniques and enjoyed inspiring talks, yoga, nature walks, satvik meals, art meditation, and the rhythmic beats of a sacred djembe circle. The retreat culminated with a soul-soothing sound healing meditation by the renowned Ms. Sagreika Mittal.







